## Hokuriku – Nature, History & Great Variety of Food



- Hokuriku region lies in the middle of the Japan Islands and it is composed of three prefectures: Toyama, Ishikawa and Fukui.
- Due to rich natural environment, characteristic winter climate, and the long history as a part of major route of domestic trade, this region have developed unique food culture. Today it attracts many tourists both from home and abroad.
- Rich spring water from more than 3000m mountains like Tateyama & Hakusan, enable this region to boast the rich rice cropping from long time ago. Using this water and rice, Hokuriku has been one of the heartland of sake brewing.
- The sea of Japan bordering this region gives us a variety of seafood all year round, and boast the marine product industry as well.
- Since the late middle age, the patronage of the powerful kings in this region encourage the great variety of food culture in Hokuriku region.

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